

HENLEY SHARKBITE

ROUND 1, 2009

WINGERS WRAP

Welcome to the Season 2009. On behalf of the committee and players of the Henley Football Club I would like to wish all of our supporters and sponsors a prosperous and enjoyable footy season.

The disappointments and euphoria of 2008 have disappeared in the sweaty tracks of another intense pre season campaign.

After the pre Christmas warm ups, training has been of a very high and demanding level as dictated by the needs of the modern footy, even at Amateur League levels.

A very successful "locking Sunday was held at the club where every player had their endurance (and wits) challenged in a gruelling schedule set out by Hally and Dave Barnes (who is controlling the club's fitness base this year). This day creates a fantastic bonding session with old and new faces which the club hopes extends into the very distant future!

From the football management aspects, the 2009 recruiting campaign was implemented as soon as the last shouts echoed across Thebarton Oval after the "B's" brilliant Grand Final win. This win was also emulated by a most exciting bunch of U/18 players who convincingly beat arch rivals North Haven in their Grand Final.

Our recruitment has always centred around returning juniors and experienced players who are not just interviewed for their ability, but also for their 'fit' into the club. The brilliant part of this years drive was that we were able to ascertain and sign our personnel prior to pre season, allowing all to commit to this arduous part of the year instead of some. The results should be evident in early points games.

Losses from last year were negligible and mostly enforced by work and family commitments. Sadly missed will be Craig Herrmann (Sydney), Tim Inkster (Canberra), Luke Duncan (Penola) and Shannon Stacey (ret.) and all will be welcomed back at any stage as great competitors and club people. (Note: Stace is still on a fitness kick prior to the New York Marathon and will run for the 'A's' this season!)

The return of Club Juniors, after wonderful years at Woodville West Torrens where they would have gained invaluable experience under Ron Fuller's tutelage is a huge gain for Henley. These kids are dedicated and more than willing to fly the flag for a club that has supported their careers since they were rug rats. Jake Pavlich, Damien Williamson and James Stewart are just a start! Others such as ruckman Jonothan Lee (WWT's seconds B&F 2008), backman Dennis Redden and long serving WWT Captain Gavin Colville (230 games of league footy) offer unique skills and experience to an already talented squad that were so unlucky in last years final series. Daniel Proud from the Riverland (ex West Adelaide) is also another exciting addition to our mid field stocks. We are also expecting wonderful seasons from Jamie Cammarano and Ross Pederson who have played most of our summer in the NTFL and look fit raring to go!

Trail games against last years Grand Finalists Salisbury North and always competitive Port Districts allowed the club to trial a host impressive youngsters who will press mightily for spots in this seasons senior teams.

The 'B's' have continued on their merry way and again look a very powerful unit and would have to be standouts to repeat their performances of 08. The large numbers (and distinctly youthful age group) at 'C' and 'D' grade training has been very exciting for both Tony and Peter and Augers well for the coming season! Big Pete is again marshalling the U/18s for this year and assures me they will be a competitive as ever.

On way or the other; selection on Thursday before the first game will breed some very interesting discussion!

The A's and B's travel to Gepps Cross (or is it Northgate?) oval on Saturday for what should be a fantastic game of footy to kick the season off. Get there in numbers and support!!!!

The C's and D's tackle old Protagonists University at home on Shark Park, so if you can't travel, get there instead!

Finally, the under 18's play Woodville South at Henley High School on Sunday.

Personally, I would like to lastly wish a great bloke in Joel Cullen all success in his future career at the Eagles and hope we see him often back at the club. To all the players and coaches; may you reap the rewards of your endeavours and would implore our supporters to be as proud and vocal in their attendance as we expect our footballers to be!

HAPPY HUNTING SHARKS!

Regards, Wingers.

HALLY'S SPILL

Welcome back everyone and isn't it exciting that the footy is about to begin. I know I'm excited about the year and I can guarantee the players are just as exciting. It's been a long tough pre season that started in mid November, training twice a week with an optional training on Fridays. We had consistently 45-50 players on the track from the start with the average being between 20-25 on our optional night which has been encouraging the fitness programme was constructed by fitness guru David Barnes and it may have led him losing a lot of friendships.

We have been fairly active with our recruiting with a big emphasis on getting quality footballers as well as quality people on our agenda. So we have been ecstatic with the people we have brought in our highest profile recruit has been Gavin Colville. I have been fortunate to have played 12 years of football with 'Scratcher' and have learnt that is not only a top shelf footballer but a tremendous leader that gets a big kick out of helping younger kids develop their football and also there life in general.

Our other recruits are also great people and extremely talented footballers. They are Dennis Redden (key defender, midfielder) Jake Pavlich (midfielder) Damian Williamson (midfielder) Jonathon Lee (ruck, forward) James Stewart (utility) Daniel Proud (utility) and Brad Mebaffey is back at the club full time also recruiting are former players David Barnes, Darren Holland and Sam Phillipou. If they can get their bodies right, I'm sure they can play a major part in our season.

Our two trial games form has been encouraging especially our first game against Salisbury Nth. On the weekend against Port District we were a bit scratchy but I believe the guys have had enough of the pre season and trials and are just itching for Round One. I guess we will know by Saturday.

On a disappointing note Lee Pastyn hurt his knee again on Saturday and will require a knee reconstruction, Fatman hurt his knee in our finals last year and was told he should have his knee done. But he thought if he has it done now he still misses next year so he had a crack at playing but it hasn't worked out. Some people might call him dumb some people might call him courageous. I'm probably leaning towards the dumb side but you could never doubt his passion for the Henley Football Club. A courageous effort.

On finishing the players are pumped for this week against Gepps Cross and it would be great to see plenty of support out there on Saturday.

Thanks!



ROUND ONE

SATURDAY

A GRADE—Henley VS Gepps Cross @ Gepps 2:15 Start

B GRADE—Henley VS Gepps Cross @ Gepps 12:15 Start

C GRADE— Henley VS Adelaide Uni @ Shark Park 2:15 Start

D GRADE— Henley VS Adelaide Uni @ Shark Park 12:15 Start

SUNDAY

U/18'S—Henley VS Woodville South @ Henley High School 3

STUBBA'S SPEECH

After an amazing 2008 I have slowly come back to reality, to realize that hard work is ahead of us again. There have been significant changes to the reserves group. Those not with the group in 2009 are:

Jason Secker—Ostitis Pubis

Leon Rayner— C Grade with mates

Dan Tonkin— Retired— Shoulder

Kendal Plant—Transfer with employment

Ryan Bowman—Long term

ankle problem

Lester Waterman— O/S Holiday

Chad O'Brian— Skin Operation

Ev Wilson—Knee Problem

Shannon Stacey—Training for London Marathon

Brett Hains—Flinders Park

Alex Button—Knee Problems

The turn around of players however presents a great opportunity, having seen youngsters like Mop

Davoren, Curtis Cox, Jordan Lawless, Blake Bellingham, Paul Rugolo and Addison Whitehouse perform in the trials. 2009 and beyond look very exciting for the club. Anyway, as they say—1 week at a time. Test one is Gepps at Gepps.

LETS GET INTO IT!



FLYING SHARKS

Pain is temporary. It may last a minute, or an hour, or a day, or a year, but eventually it will subside and something else will take its place. If I quit, however, it lasts forever.

Lance Armstrong

KINGY'S CHAT

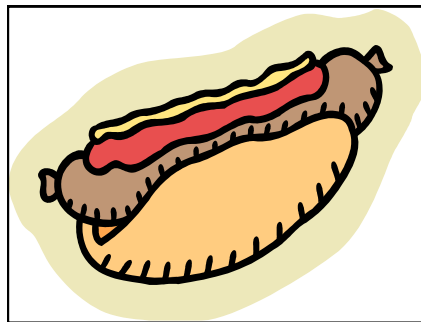
The C and D grade have been training for the last 8 weeks. We have had great numbers on the track with 30+ players each session and probably about 60 different faces over the pre season. We have plenty of new faces at the club this year as well. We are in a great position to build on a good year last year and we are looking forward to the season.

This week we play Adelaide Uni a club that we have built a healthy rivalry with over many years. I'm confident we can get off to a good start and a couple of wins.

Regards,
Peter King



DON'T FORGET EVERY GAME PLAYED AT SHARK PARK THERE IS A BBQ. SO WHILE WATCHING THE FOOTY GRAB A BITE TO EAT AND HELP RAISE MONEY FOR OUR FANTASTIC CLUB!



BARRY DAWSON'S DIRTY D'S REPORT



Well what an amazing start to the year for the C's and D's! Possibly having re-recruited stronger than the new Gold Coast side with approximately 20 new promising Sharks players and even better, all squeezing in under the div 7 salary cap (one can of Draught per game)

Our internal trial proved to be very successful with our boys having a win! The west coast recruits look to be very handy led by the skillful Adams (Jars) and his Matty Bode on ball mate Lionell (or Ritchie as we

have named him) both having great hit outs on the day. Other promising signs were Hardy hitting second gear and running for more than eight minutes and our English rugby superstar Jimmy knocking out 14 of his own team mates! (accidently) the most surprising thing of the day was the look of Jordy Davidsons face when he realized there were other positions to play than on the wing. Recent numbers at training have reached 45+ still with more to come back so I would imagine some very disappointed

players around the club. Stay around, keep training, and don't stop trying for a spot in the side as last years players list reached 57. Round 1 will be a good indicator as to where we're at with a home game against rivals Adelaide Uni. They finished minor Premiers last year and were only beaten by us mid season. With much younger, faster and fitter side. Lets hope we can wipe the park with them on Saturday. Good Luck and welcome to all our new guys and lets look forward to a successful 2009.



THE GLAMS

"The GLAMS (Girlfriends, Lovers, And Mothers, Sisters) committee formed throughout the 2008 season. The committee members are Vicki Lawless, Leanne Geddes, Carol Osbourne, Megan Watson, Elyce Golotta, Ashlee Biddle and Nat Davidson, and together these girls plan to coordinate most of the social functions and fundraisers for the club. The GLAMS have been busy scheduling in dates for upcoming events such as the popular Band Night (this Saturday Night) Henley Ball, Fancy Dress, Miss Henley, and other events such as Ladies Day, Fashion Shows etc. The committee is open to any ideas/suggestions for events/fundraising opportunities."



SHARKETTES

The Henley Sharkettes began last winter with a team of girls who became close friends throughout the football season. The girls wanted to keep playing over the summer months, and there was also popular demand to form a 2nd team. There are now two Sharkettes teams who play on Tuesday nights at Hart Street, Semaphore. It is with great excitement that we announce they are both in the Grand Final next Tuesday night starting from 7.15pm with the B Team and 8.15pm for the A Team. The Sharkettes have

had great support from many of the senior football players coming out to watch throughout the season, and we have also been fortunate enough to have Fresh Pools and Landscaping sponsor the teams for the team uniforms & equipment. We look forward to continue playing over the winter months. Come cheer on the Sharkettes next Tuesday night, we need all the support we can get! If you are interested in playing or assisting us with umpiring, please see Megan Watson or contact 0423 47 88 27.

The association also accommodates for Males too. Mixed netball games are played on Wednesday night. Please register your interest with Megan.



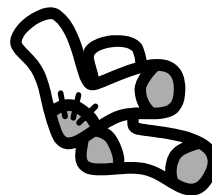
**GRAND FINAL
TUESDAY
NIGHT THE
7TH APRIL @
HART ST
NETBALL
COURTS
'B' GRADE
START @ 7:15
'A' GRADE
START @ 8:15**

FROM THE ROBE

Due to a shortage from supplier we do not have any socks available . So please don't lose any and wash them after each game!

Both white and blue shorts can be purchased from Wingers at \$20 each. Socks when available will be \$10. Polo shirts will also be available later.

Keep a look out!



**HELP REQUIRED
AROUND THE
CLUB DURING
EASTER PERIOD.
IF ABLE TO HELP
CONTACT
WINGERS FOR
DETAILS**

UP & COMING EVENTS

Henley Football Club Band Night

ROUND 1—4th April

It is tradition for the club to host a band for round one. This year we will kick off the season with

"The Runners".

Entry is \$5.

Starts at 7:30pm

Ladies day is round 6, so 16th May @ HFC. Starts at 1 finishes at 5

Tickets are \$10 which includes food & access to the marquee.

See Megan Watson for tickets. Will be available from this weekend. 0423478827

Henley Ball is 13th June @ Wine Centre on Hackney Road

Ticket prices to be decided but will include food, drink & entertainment

Starts at 8pm

Watch this space to find out prices!



JOKE OF THE WEEK

As an airplane is about to crash, a female passenger jumps up frantically and announces, "If I'm going to die, I want to die feeling like a woman."

She removes all her clothing and asks, "Is there someone on this plane who is man enough to make me feel like a woman?"

A man stands up, removes his shirt and says, "Here, iron this!"



REMINDERS

**GET ALL MEMBERSHIP FORMS
IN**

PAY FOR MEMBERSHIPS

**GRAB A SPONSER IF YOU
DON'T HAVE ONE**

**TAKE ALL CLOTHING AND
TOWLS AFTER GAMES...DONT
LEAVE THINGS BEHIND**

ALWAYS WEAR CLEAN JOCKS

BE NICE TO YOUR MOTHERS

PLAYER PROFILES

PLAYERS NAME: STEVEN HALL

NICKNAME: HALLY

DOB: 3.7.75

LAST CLUB PLAYED FOR: EAGLES

POSITION: KEY DEFENDER

OCCUPATION: PRESSURE CLEANING

AFL CLUB FOLLOW: MELBOURNE

SANFL CLUB FOLLOW: EAGLES

FAVOURITE POSITION: CENTRE HALF BACK

FAVOURITE FOOD: THAI

FAVOURITE DRINK: BEER

FAVOURITE MOVIE: SHAWSHANK REDEMPTION

FAVOURITE SONG:

FAVOURITE SAYING: NO WORRIES

LAST BOOK READ: JUSTIN LANGERS AUTOBIOGRAPHY

IF YOU COULD INVITE 3 GUESTS TO DINNER WHO WOULD THEY BE? SHANE WARNE, PETER SIDDLER & RICHIE BENAUD

IF YOU WERE SHIPWRECKED ON AN ISLAND WHO WOULD YOU WANT WITH YOU & WHY? ROBINSON CRUSOE

IM AT MY HAPPIEST WHEN? WE WIN

IM MOST AFRAID OF? LOSING

WHO WOULDN'T YOU WANT TO SHARE A ROOM WITH ON THE FOOTY TRIP & WHY? LUKE STUBING – HE SMELLS

IF NOT PLAYING FOOTBALL WHAT WOULD YOU BE DOING? PLAYING WITH KIDS

PLAYERS NAME: LUCAS STUBING

NICKNAME: STUBBA

DOB: 10.5.74

LAST CLUB PLAYED FOR: SMOSH 1998

POSITION: HALF BACK/FULL FORWARD

OCCUPATION: POLICEMAN

AFL CLUB FOLLOW: CROWS

SANFL CLUB FOLLOW: EAGLES

FAVOURITE POSITION: VARIETY IS IMPORTANT

FAVOURITE FOOD: CURRY

FAVOURITE DRINK: WINE/BEER/SCOTCH & WATER

FAVOURITE MOVIE: REMEMBER THE TITANS

FAVOURITE SONG: HAPPY BIRTHDAY

FAVOURITE SAYING: IF YOU KEEP DOING WHAT YOU HAVE ALWAYS DONE YOU WILL KEEP GETTING WHAT YOU ALWAYS GOT

LAST BOOK READ: LEADERSHIP FOR FOOLS

IF YOU COULD INVITE 3 GUESTS TO DINNER WHO WOULD THEY BE? MY WIFE, MY MUM & DAUGHTER

IF YOU WERE SHIPWRECKED ON AN ISLAND WHO WOULD YOU WANT WITH YOU & WHY? LETTYSY, WHAT BETTER MOTIVATION TO GET OFF THE ISLAND

IM HAPPIEST WHEN? IM WINNING

IM MOST AFRAID OF? FAILING – PEOPLE LOOSING CONFIDENCE IN ME

WHO WOULDN'T YOU WANT TO SHARE A ROOM WITH ON THE FOOTY TRIP & WHY? DARTY – TOO HARD TO RESIST

IF NOT PLAYING FOOTBALL WHAT WOULD YOU BE DOING? SPENDING TIME WITH MY FAMILY

PLAYER PROFILES

PLAYERS NAME: TONY YILAS

NICKNAME: ZORBA/BARRY DAWSON

DOB: 27/4/66

LAST CLUB PLAYED FOR: HENLEY

POSITION: FULL FORWARD

OCCUPATION: POOL BUILDER

AFL CLUB FOLLOW: POWER

SANFL CLUB FOLLOW: EAGLES

FAVOURITE POSITION: DOGGY

FAVOURITE FOOD: ANYTHING OF CHARCOAL

FAVOURITE DRINK: COUGAR

FAVOURITE MOVIE: SHAWSHANK REDEMPTION

FAVOURITE SONG: I DONT CARE – FALL OUT BOY

FAVOURITE SAYING: JUST HAVING ONE!

LAST BOOK READ: A PONY FOR TONY! (WHEN I WAS 6)

IF YOU COULD INVITE 3 GUESTS TO DINNER WHO WOULD THEY BE? GORDON RAMSAY TO COOK, MEGAN GALE & BILL BROWNLESS

IF YOU WERE SHIPWRECKED ON AN ISLAND WHO WOULD YOU WANT WITH YOU & WHY? ALEX NEWMAN, SO HE COULD FIX THE F@#N BOAT

IM AT MY HAPPIEST WHEN? IM ASLEEP

IM MOST AFRAID OF? RUNNING OUT OF COUGAR

WHO WOULDN'T YOU WANT TO SHARE A ROOM WITH ON THE FOOTY TRIP & WHY? DAN LEE, BECASUE I WOULD BE NO CHANCE

IF NOT PLAYING FOOTBALL WHAT WOULD YOU BE DOING? FISHING

PLAYERS NAME: PETER KING

NICKNAME: KINGY, DUCK

DOB: 14/5/1977

LAST CLUB PLAYED FOR: HENLEY

POSITION: BENCH

OCCUPATION: WOOL TRADER

AFL CLUB FOLLOW: CARLTON

SANFL CLUB FOLLOW: PORT

FAVOURITE POSITION: CENTER

FAVOURITE FOOD: THAI

FAVOURITE DRINK: BEER

FAVOURITE MOVIE: KILL BILL

FAVOURITE SONG: CAN NEVER REMEMBER THE NAMES OF SONGS

FAVOURITE SAYING: EXPERIENCE ENABLE YOU TO RECONGNISE A MISTAKE WHEN YOU MAKE IT AGAIN

LAST BOOK READ: ACCORDING TO SKULL

IF YOU COULD INVITE 3 GUESTS TO DINNER WHO WOULD THEY BE?

IF YOU WERE SHIPWRECKED ON AN ISLAND WHO WOULD YOU WANT WITH YOU & WHY? KYLIE(NO OTHER ANSWER WOULD BE ACCEPTABLE)

IM HAPPIEST WHEN? HENLY WIN

IM MOST AFRAID OF? RINGING TONY ON A SATURDAY MORNING TO STEEL A PLAYER

WHO WOULDN'T YOU WANT TO SHARE A ROOM WITH ON THE FOOTY TRIP & WHY? CHRISTO. THOSE THAT KNOW HIM KNOW WHY

IF NOT PLAYING FOOTBALL WHAT WOULD YOU BE DOING? MOTOR BIKE RIDING